

# AbleOTUK -Newsletter

## Support session 2023

We hold monthly networking/support sessions on alternative Thursday evenings or Sunday afternoons. These sessions are open to all UK based occupational therapists/students who identify as disabled or as having a long term health condition. **We respectfully ask that allies do not attend these sessions to allow a safe space for all participants.**

Dates for 2023 are:

- Sunday 16th April 3pm
- Thursday 18th May 7pm
- Sunday 25th June 3pm
- Thursday 20th July 7pm
- Sunday 20th Aug 3pm
- Thursday 21st Sep 7pm
- Sunday 15th Oct 3pm
- Thursday 16th Nov 7pm
- Sunday 17th Dec 3pm

[Book on eventbrite here](#)



## Georgia Vine Presents at Naidex



Naidex is Europe's most established event for the Disability Community, and it reached its 50th birthday this year. Held yearly Naidex offers support and

resources for disabled people as well as those caring for or supplying to the community. This is done via informative and interesting talks, and over 200 experienced suppliers providing their products and services for you to explore.

And this year our Georgia was invited to give a presentation.

*'I was so honoured give a talk at Naidex's 50th birthday on critically exploring occupational therapy practice through a disabled persons eye. I was taken a back by how many people came so my talk. I hope this has helped those to reflect and be more aware of what ableist practice look like within children's service I hope learning has be shared to, to enable children's practitioners to be anti-ableist allies.'*

## Face to face event RCOT event in York.

RCOT Northern and  
Yorkshire region - Comeback  
learning event

Wednesday 17 May 2023  
9.00am to 3.45pm

Hilton York, 1 Tower Street,  
York YO1 9WD

With specialist speakers  
from the region, AbleOTUK,  
LGBTQIA+OTUK and the  
Royal Collage of  
Occupational Therapists  
(RCOT) with some interactive  
workshops, and great  
networking opportunities.

The day will focus on  
leadership and equity,  
diversity and belonging, plus  
an opportunity to take part  
in a research study  
examining how occupational  
therapists experience and  
use leadership skills.

Only £10 for RCOT members  
book here

## Contact us

Email [AbleOTUK@gmail.com](mailto:AbleOTUK@gmail.com)

Twitter [@AbleOTUK](https://twitter.com/AbleOTUK)

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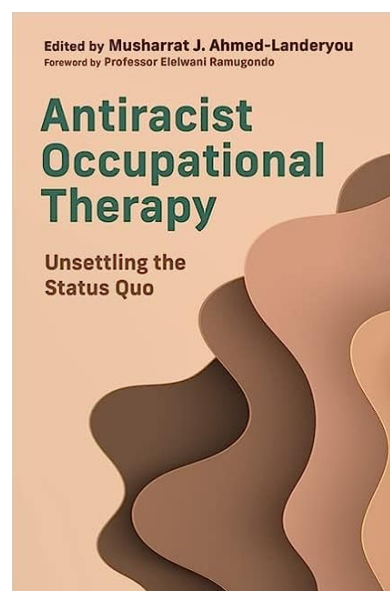
Newsletter put together by  
Rachel Booth-Gardiner  
[@OT\\_rach](https://twitter.com/OT_rach)

## New Book to Order

Two of our founding members Kirsty Stanley and Kalimah Ibrahiim have both contributed to this new occupational therapy text book. Antiracist Occupational Therapy: Unsettling the Status Quo.

*'The book provides a compendium of global insights into the inequities faced by Black and minoritised groups in health and social care and considers how key changes in occupational therapy practice and education can redress disparities.'*

You can get a  
copy on [Amazon](#)  
[here](#) are ask your  
local bookshop to  
order it for you



What do we do,

ABLEOTUK is a UK Occupational Therapy Network/ Advocacy Group for OT staff, Practitioners, Students, Researchers, and Educators with lived experiences of disabilities and/or Long term health Conditions.

We plan to develop resources on a range of topics such as disclosure, supporting OT colleagues with a disability/health condition etc.

We are in discussions with RCOT re collaborations with them about activities which have mutual benefit and aim to progress an anti-discriminatory culture within occupational therapy in the UK