

# AbleOTUK -Newsletter

## Support sessions 2023

We hold monthly networking/support sessions on alternative Thursday evenings or Sunday afternoons. These sessions are open to all UK based occupational therapists/students who identify as disabled or as having a long term health condition.

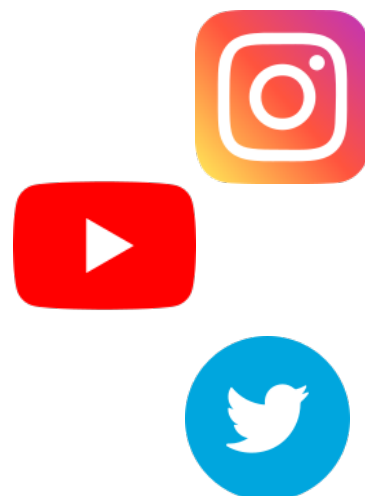
**We respectfully ask that allies do not attend these sessions to allow a safe space for all participants.**

Dates for 2023 are:

- Thursday 21st Sep 7pm
- Sunday 15th Oct 3pm
- Thursday 16th Nov 7pm
- Sunday 17th Dec 3pm

[Book on eventbrite here](#)

Please note there is no support group the month of August as we are having a break.



## How was your Disability Pride Month?



We loved this year's Disability Pride Month some of our highlights were RCOT using the disability pride flag on their logo through the month, the first professional organisation to do so, this is huge.

Check out the other things we did to celebrate

- Our weekly blogs posted each Monday thought July got some good response you can read them all [here](#).
- Read our article from tick box to concretion about the work we are doing with the RCOT published in July's OT news page 28-29.

## Have you feed back on the RCOT EDB strange yet?

RCOT would like your thoughts on a draft Equity, Diversity and Belonging (EDB) strategy. You can feed into this consultation between 26 June and 18 August 2023.

Our Equity, Diversity and Belonging strategy is based on the views and needs of our members, colleagues and stakeholders with direct experience of, or insights into, the discrimination and disadvantages faced by members and the people they provide services to.

Find out more on the RCOT website [here](#)

### Contact us

Email [AbleOTUK@gmail.com](mailto:AbleOTUK@gmail.com)

Twitter [@AbleOTUK](https://twitter.com/AbleOTUK).

Instagram [@AbleOTs](https://www.instagram.com/AbleOTs)

Website <https://affinot.co.uk/ableotuk/>

Newsletter put together by Rachel Booth-Gardiner

## New affinity group launches CarerOTUK

Following in the footsteps of the other affinity groups, AbleOTUK, LGBTQIAOTUK and BAMEOTUK, a new group has found CarersOTUK its an OT network and advocacy group for occupational therapy students, apprentices, researchers, educators, practitioners, retired practitioners , return to practice OTs , and assistants who are also carers or who have been carers in the past. They can be caring for children, siblings, partners, parents, extended family and friends who have chronic illnesses, long term conditions or and disabilities.

They now have a page on the affine website check it out [here](#)

## August is a holiday for AbleOTUK

We are taking a break - everyone at AbleOTUK volunteers their time, to help with this we will be having August off, there will be little content on our social media, we will not be looking and emails or responding to enquires.

