

AbleOTUK -Newsletter

Support Sessions 2024

We hold monthly networking/support sessions. These sessions are open to all UK based occupational therapists/students who identify as disabled or as having a long term health condition.

We respectfully ask that allies do not attend these sessions to allow a safe space for all participants.

Dates for 2024 are:
All start at 7pm

- Sep Wed 4th
- Oct Wed 2nd
- Nov Wed 6th
- Dec Wed 4th

Book on eventbrite [here](#)



Reimagining the Role of Occupational Therapy Across Inpatient and Community Settings Workshop

When: 24 September 2024, 10:30 AM - 12:30 PM

Where: Virtual event via MS Teams

Purpose of the Event:

This workshop, co-organised by the Royal College of Occupational Therapists (RCOT) and Rachel Booth-Gardiner from AbleOTUK, is designed to advance ongoing discussions from RCOT's UK-wide leadership forum and the England advisory group for the Workforce Strategy. The goal is to help the occupational therapy (OT) workforce articulate its value and contribution in both inpatient (acute) and community services, addressing the full spectrum of life and diverse needs, including physical, mental, emotional, psychological, and social aspects.



Paralympian now studying Occupational Therapy.

Sara Head, a Paralympian who competed in table tennis at the London 2012 and Rio 2016 Games, is now pursuing a degree in Occupational Therapy at the University of South Wales. Her journey was inspired by personal experiences, including her time as a volunteer and her recovery from a severe Covid-19 infection.

Sara's story is one of resilience and dedication, both as an athlete and a student, and she hopes to inspire others facing life-altering challenges.

Read the full story [here](#).

Contact us

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Newsletter put together by Rachel Booth-Gardiner
[@OT_rach](https://twitter.com/OT_rach)

Key Objectives:

- Clarify the current state of OT provision in both acute and community settings.
- Highlight the unique value and contributions OT can bring to these settings.
- Explore what a reimagined OT workforce could look like in these environments, with a focus on leadership in prevention and early intervention.

Your Participation: We want to hear from you! Your thoughts and insights are vital to this discussion and will be integrated into Rachel Booth-Gardiner's closing presentation at the end of the event. This is your opportunity to contribute directly to the conversation and help shape the future of occupational therapy across these critical settings.

Target Audience: This event is aimed at professionals capable of driving systemic changes in the OT workforce, including leaders from social care, allied health professions, inpatient services, Integrated Care Boards, academia, operational directors, and relevant policy makers.

Main Drivers: The workshop is informed by a range of strategic documents, including the NHS Long-Term Workforce Plan, the Five-Year Forward View, and various frameworks and plans addressing

[Have your say here](#)

