

# AbleOTUK -Newsletter

## Support sessions 2024

We hold monthly networking/support sessions on the first Wednesday of the month. These sessions are open to all UK-based occupational therapists/students who identify as disabled or as having a long-term health condition.

**We respectfully ask that allies do not attend these sessions to allow a safe space for all participants.**

Date for 2024

Wednesday 4th Dec  
7pm

[Book on eventbrite here](#)

Dates for 2025 to follow soon



## Catching up at the OT show



Last week at the OT Show, held at the NEC in Birmingham, Rachel Booth-Gardiner and Georgia Vine had the opportunity to catch up. Amidst the buzz of the event, Georgia delivered an impactful presentation, sharing insights into her lived experiences and the importance of inclusion within the profession. She also discussed themes from her book, *Occupational Therapy, Disability Activism, and Me: Challenging Ableism in Healthcare*, further challenging attendees to consider how occupational therapy can embrace equity and belonging.

 **Occupational  
Therapy Show**  
**27-28 NOV 2024**  
**THE NEC BIRMINGHAM**

## We have left Twitter /X

AbleOTUK has left Twitter/X due to changes to the platform that no longer make it an inclusive space, but you can still connect with us on Instagram, via email, or through our website.

## We'd love to feature your voice!

If you have insights, experiences, or stories to share, consider contributing to our next newsletter. Contact us via the below channels.

## Contact us

Email

[AbleOTUK@gmail.com](mailto:AbleOTUK@gmail.com)

Instagram [@AbleOTs](https://www.instagram.com/AbleOTs)

Website <https://affinot.co.uk/ableotuk/>

Newsletter put together by Rachel Booth-Gardiner.

## Disability History Month 2024

UK Disability History Month (UKDHM) 2024 runs from 18th November to 20th December and focuses on the theme "Disability, Livelihood, and Employment." This month highlights the historical and ongoing challenges disabled individuals face in the workforce, celebrates their contributions, and advocates for greater inclusion.

AbleOTUK has been actively marking the occasion in several meaningful ways. We've contributed a blog post to the HCPC ([Read it here](#)) exploring the importance of disability representation in health and care professions, which is being published this week and proudly supported Georgia Vine as she delivered a powerful presentation at the Occupational Therapy Show, addressing ableism and promoting inclusivity in occupational therapy practice.

Our support network is being held on Wednesday, 4th Dec 7pm you can still book to join us via the [Eventbrite link here](#).

