

AbleOTUK -Newsletter

Support sessions 2024

We hold monthly networking/support sessions on the first Wednesday of the month. These sessions are open to all UK-based occupational therapists/students who identify as disabled or as having a long-term health condition.

We respectfully ask that allies do not attend these sessions to allow a safe space for all participants.

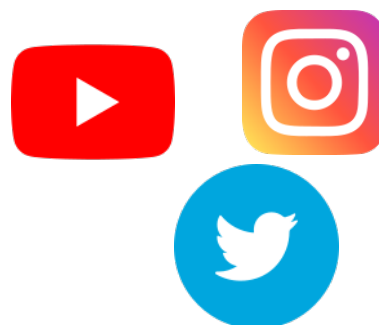
Date for 2024

Wednesday 6th Nov 7 pm

Wednesday 4th Dec 7 pm

[Book on eventbrite here](#)

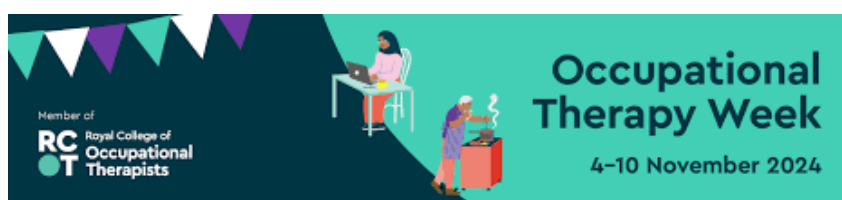
Dates for 2025 to follow soon



OT Week 2024: Unleashing The Power of Occupational Therapy.

OT Week 2024 kicks off on 4th November, launching "*The Power of Occupational Therapy - Transforming Health and Social Care*" campaign, which will run throughout the next year. This initiative, tied to RCOT's Workforce Strategy, aims to deepen public understanding of OT's crucial role and how it shapes future health and social care. Building on last year's campaign, we'll create a clearer picture of occupations within OT, why they matter, and how we can be advocates for the profession.

The campaign offers resources to help you share OT's impact, whether you're preparing stories, engaging locally, or influencing decision-makers. From storytelling tools to social media graphics, presentations, posters, and animations, you'll find everything needed to highlight the transformative role of OT. Visit the [RCOT profile-raising page](#) to access these resources and start making a difference.



Celebrating World OT Day with OT_Rach: A Journey Through London

Dive into OT_Rach's latest blog as she reflects on *World Occupational Therapy Day* and its theme, "*Occupational Therapy for All*." In this personal account, Rachel shares her journey through London, where she connected with fellow occupational therapist and AbleOTUK member, Andy. Together, they explored the city's iconic sites and discussed the importance of inclusivity in occupational therapy. This blog post offers unique insights into the challenges and triumphs of promoting accessibility and belonging within the profession. Don't miss it—read Rach's blog [here](#)!



"Collaborating for Accessibility: AbleOTUK's Input on the New RCOT Website"

In a recent meeting with RCOT staff, AbleOTUK members, including those from Expert Advisory Groups, provided valuable feedback on developing RCOT's new website. Discussions centred on enhancing accessibility, usability, and inclusivity, particularly for individuals with disabilities. Members shared their lived experiences, highlighting challenges with Access to Work support and the need for improved digital accessibility. RCOT outlined plans for features such as dark mode, better navigation, and a dedicated accessibility page. They also committed to ongoing user testing and accessibility improvements to create a more inclusive platform for all users, including non-members.

- Would anyone like to be involved in shaping blog content about the accessible features of the new website?
- Would anyone like to see the final accessibility report and influence how the recommended adjustments are tackled?
- Are you interested in helping shape a forward roadmap for accessibility beyond the website re-launch?

If you are interested, please email us at AbleOTUK, and we will connect you with the right people at RCOT: AbleOTUK@gmail.com

We'd love to feature your voice!

If you have insights, experiences, or stories to share, consider contributing to our next newsletter get intouch.

Contact us

Email
AbleOTUK@gmail.com

Twitter [@AbleOTUK](https://twitter.com/AbleOTUK).
Instagram [@AbleOTs](https://www.instagram.com/AbleOTs)

Website <https://affinot.co.uk/ableotuk/>

Newsletter put together by
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Spotlight on Disability Activism: Georgia Vine at The OT Show

Don't miss The OT Show on 27th November 2024, where Georgia Vine, a prominent voice in



occupational therapy and disability activism, will present her session *"Occupational Therapy, Disability Activism, and Me."* Join Georgia from 12:30 - 13:00 in Theatre 3, where she will tackle key questions: How can health

and social care better serve people with disabilities? How can we challenge ableist practices? What would a truly inclusive system look like? Georgia will encourage the audience to think about tangible anti-ableist actions to shape the future of occupational therapy practice. Engage in this vital conversation and take away practical insights for meaningful change.

Best of all, attendance to The OT Show is free! Book your spot today at www.theotshow.com to be part of this impactful event.

 **Occupational
Therapy Show**
27-28 NOV 2024
THE NEC BIRMINGHAM

