

AbleOTUK -Newsletter

Support sessions 2023

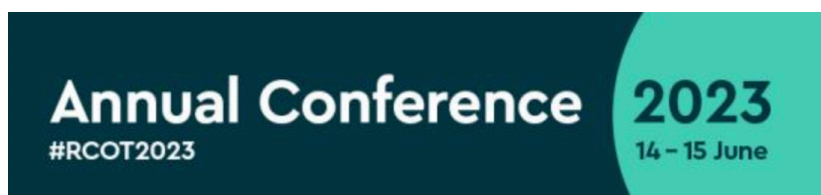
We hold monthly networking/support sessions on alternative Thursday evenings or Sunday afternoons. These sessions are open to all UK based occupational therapists/ students who identify as disabled or as having a long term health condition.

We respectfully ask that allies do not attend these sessions to allow a safe space for all participants.

Dates for 2023 are:

- Thursday 18th May 7pm
- Sunday 25th June 3pm
- Thursday 20th July 7pm
- Sunday 20th Aug 3pm
- Thursday 21st Sep 7pm
- Sunday 15th Oct 3pm
- Thursday 16th Nov 7pm
- Sunday 17th Dec 3pm

[Book on eventbrite here](#)



There are lots of reasons why attending the Royal College of Occupational Therapists national conferences is beneficial but this year three of AbleOTUK founding members are presenting so even more reason to book your ticket!

This years conference is being held online over 2 days 14th-15th June 2023. Check out the programme book tickets [here](#)

All AbleOTUK members session are on the Thursday 15th June 2023.

11.30am **Session 33. New ways of working**

Retaining the option to dial in: criticality of hybrid in occupational therapy for inclusion and belonging. Sam Pywell AbleOTUK.

2.45pm **Session 41 - Lived experience**

A personal recovery journey: The challenge I now have for the profession. Rachel Booth-Gardiner AbleOTUK.

1.30pm **Session 39 - Supporting learners**

Positive disclosure and placement specific learning support plans Samantha Tavender & Georgia Vine University of Huddersfield.

OT magazine article

We write a regular column in OT magazine, which you can subscribed to it [here](#)

You can also read the column published in the last edition on simulating disabilities [here](#)

Face to face event RCOT event in York.

Booked to attend the RCOT Northern and Yorkshire region learning event Wednesday 17 May at the Hilton York. Its only £10

With specialist speakers from the region, AbleOTUK, LGBTQIA+OTUK and RCOT with some interactive workshops, and great networking opportunities.

The day will focus on leadership and equity, diversity and belonging, plus an opportunity to take part in a research study examining how occupational therapists experience and use leadership skills.

Contact us

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Newsletter put together by Rachel Booth-Gardiner @OT_rach

What's coming up and how can you get involved?

Here at AbleOTUK we have ran a number of social media campaigns around, subjects related to disability and long term health conditions.

This included our Be An AbleOTUK Ally campaign that ran throughout disability pride month July and disability history month November/December 2022

[#BeAnAbleOTUKally](#)

Is there an awareness event coming up you would like AbleOTUK to highlight would you like a write a blog for our website?

Do you have any ideas of future campaigns to celebrate Disability Pride Month?



What do we do,

ABLEOTUK is a UK Occupational Therapy Network/ Advocacy Group for OT staff, Practitioners, Students, Researchers, and Educators with lived experiences of disabilities and/or Long term health Conditions.

We plan to develop resources on a range of topics such as disclosure, supporting OT colleagues with a disability/health condition etc.

We are in discussions with RCOT re collaborations with them about activities which have mutual benefit and aim to progress an anti-discriminatory culture within occupational therapy in the UK