

AbleOTUK -Newsletter

Support sessions 2024

We hold monthly networking/support sessions. These sessions are open to all UK based occupational therapists/students who identify as disabled or as having a long term health condition.

We respectfully ask that allies do not attend these sessions to allow a safe space for all participants.

Dates for 2023 are:

- **Wed May 8th 7pm**
- Wed 5th June 12noon
- Wed 4th July 7pm
- Wed 4th Sep 12noon
- Wed 2nd Oct 7pm
- Wed 6th Nov 12noon
- Wed 4th Dec 7pm

Book on eventbrite [here](#)



Book Published

This month, we are pleased to announce the publication of Georgia Vine's book, 'Occupational Therapy, Disability Activism and Me: Challenging Ableism in Healthcare'. Copies of the book are now available for purchase at select bookstores. Additionally, this book serves as a valuable tool for ongoing professional development, offering reflection exercises at the end of each chapter.



Book Club

Come join in the Occupational Therapy Book Club, hosted by Kirsty Stanley @Occ4LifeLtd

Find out more via her twitter/X post or join directly in [Discord](#)

You can still catch up on the chat about Antiracist Occupational Therapy book edited by

[@LecturerMish](#)

and join in chat about Georgia book now!

Contact us

Email

AbleOTUK@gmail.com

Twitter [@AbleOTUK](#).

Instagram [@AbleOTs](#)

Website <https://affinot.co.uk/ableotuk/>

Newsletter put together by Rachel Booth-Gardiner @OT_rach

Anything underlined in this newsletter is a link to other information.

Georgia hosted a book launch and professional development event in Sheffield on May 4th, 2024.

During the event, Georgia shared insights on the key features of her book, while Rachel Booth-Gardiner spoke about her experiences as a Lead Occupational Therapist with intersectional characteristics.

Occupational Therapist and people with lived experience of disabilities from around the united kingdom gathered to celebrate this amazing achievement and then partied the night away .



Photographed in the image are Ketan Dave, Manager for Equality, Diversity, and Belonging at RCOT, Georgia, Hannah Spencer, Occupational Therapy Lecturer and Founding Member of LGBTQI+OT, and Rachel.

[Read Rachel presentation on her blog here.](#)

[Read Georgia's presentation here](#)