

AbleOTUK -Newsletter

Support sessions 2024

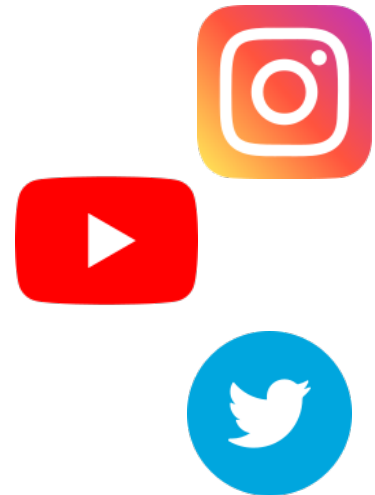
We hold monthly networking/support sessions on alternative Wednesday evening. These sessions are open to all UK based occupational therapists/students who identify as disabled or as having a long term health condition.

We respectfully ask that allies do not attend these sessions to allow a safe space for all participants.

Dates left for 2024 are:

- Wednesday 4th September 7pm
- Wednesday 2nd October 7pm
- Wednesday 6th November 7pm
- Wednesday 4th December 7pm

[Book on eventbrite here](#)



How was your Disability Pride Month?

AbleOTUK engaged in a variety of initiatives to commemorate and promote awareness of disability rights and occupational therapy.

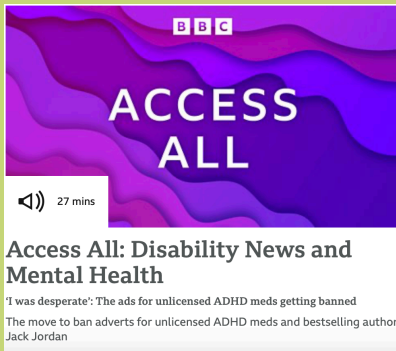
On July 10th, we hosted a virtual event titled "Occupational Therapy, Disability Activism, and Me," which featured discussions with activists and occupational therapist Georgia Vine. This event sought to examine the relationship between occupational therapy and disability activism.

Additionally, July marked the third anniversary of AbleOTUK. We invite you to visit [our website](#) to learn more about our accomplishments during this time.

Please note that we will be taking a break during the month of August, and we kindly ask for your understanding regarding any delayed responses during this period.

We hope you take some time for rest as well and look forward to reconnecting in September.

Podcast



If you're looking for an insightful and engaging podcast that delves into the world of disability and accessibility, the BBC's "Access All" is an excellent choice. Offering a blend of personal stories, expert interviews, and thought-provoking discussions on a wide range of topics related to disability. From exploring the latest in accessible technology to addressing societal attitudes and policies, "Access All" provides a platform for amplifying the voices of the disabled community.

Contact us

Email AbleOTUK@gmail.com

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Newsletter put together by Rachel Booth-Gardiner @OT_rach

Have you read Julys OT News ?

In Julys editoin of OT news pages 22-25 our Georgia Vine, reflects on the importance of addressing ableism within the occupational therapy profession. She emphasises the need for critical self-reflection among therapists to identify and challenge discriminatory practices. Georgia shares her personal journey and the systemic ableism she faced, both as a student and a professional. Through her award-winning blog and book, "Not So Terrible Palsy," she advocates for change by highlighting the often-hidden ableism in healthcare practices. She encourages healthcare professionals to adopt anti-ableist practices and take actionable steps towards creating a more inclusive and supportive environment for disabled individuals.

