

# AbleOTUK -Newsletter

## Publications

**Disability history month where does Occupational Therapy fit in** - Read the article published in November's OT News <https://viewer.joomag.com/otnews-november-2022/0378047001668165368?short&>

## Presentations

### 18th November 2022.

Keynote Presentation – Any Setting Can Be DiverseOT! At the Occupational Therapy in Diverse Settings at the Uni of Brighton conference

### 24th November 2022

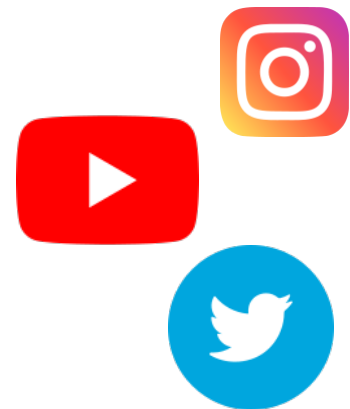
The OT Show- AbleOTUK - Allyship It's Time to Make It a Meaningful Occupation  
Keynote Theatre

### 7th October 2022

Ableism what is it and are occupational therapists guilty of practising it? presentation for Avon and Wiltshire Mental Health partnership NHS as part of their #OTweek CPD event.

10th October 2022 - We hosted a **workshop for students at UCLAn**

[Find out more here](#)



## Disability History Month

The United Kingdom Disability History Month (UKDHM) has been celebrated since 2010, taking place from the 3rd week of November for four weeks. This year AbleOTUK celebrated in a number of ways.

We used our social media platforms to share resources and information about disability history.

We collaborated with occupational therapist and illustrator @makedaisychains who created some beautiful art work for us to use throughout our campaigns. Thank you Hannah we love all your drawings. You can follow Hannah on instagram and twitter @makedaisychains



[@makedaisychains](#)



## Allyship

Allyship was a running theme at the OT show this year and featured in all the affinity OT groups presentations.

## BAMEOTUK

Born June 2020 - What is BAMEOTUK upto now?

Where members of BAMEOTUK updated the audience on what the network has been up to since its inception. They discussed the challenges and the successes, and how the network activities are impacting the occupational therapy community.

## LGBTQIA+OTUK

Through Pride Comes Progress - The Path Towards Inclusion of The LGBTQIA+ Community Within Occupational Therapy.

This session synthesise interdisciplinary research evidence, insights from LGBTQIA+ occupational therapists and speakers' own experiences and reiterate multi-faceted relevance and necessity to safe and effective practice across our diverse professional contexts, consistent with our underpinning values.

Founding members wrote blogs that were shared by our selfs and RCOT <https://www.rcot.co.uk/blog>

<https://affinot.co.uk/category/ableotuk/>

OT news published our article about where occupational therapy fits in to disability history.

Founding members gave a presentation at this years OT show in Birmingham

Details of all our learning events can be found on our website

<https://affinot.co.uk/ableotuk/ableotuk-events/>



What do we do,

ABLEOTUK is a UK Occupational Therapy Network/Advocacy Group for OT staff, Practitioners, Students, Researchers, and Educators with lived experiences of disabilities and/or Long term health Conditions.

We will host monthly Zoom/Teams get togethers as a closed safe space for members to share and gain peer support to process experiences and challenges. There will also be time and space for non-disabled allies to learn and connect.

[Join via Eventbrite](#)

We plan to develop resources on a range of topics such as disclosure, supporting OT colleagues with a disability/health condition etc.

We are in discussions with RCOT re collaborations with them about activities which have mutual benefit and aim to progress an anti-discriminatory culture within occupational therapy in the UK .