

AbleOTUK -Newsletter

Support sessions 2024

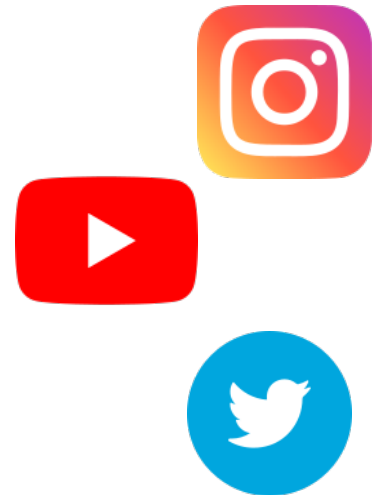
We hold monthly networking/support sessions. These sessions are open to all UK-based occupational therapists/students who identify as disabled or as having a long-term health condition.

We respectfully ask that allies do not attend these sessions to allow a safe space for all participants.

Dates for 2024 are:

- Wed 2nd Oct 7 pm
- Wed 6th Nov 7 pm
- Wed 4th Dec 7 pm

Book on Eventbrite [here](#)



Reimagining the Role of Occupational Therapy: A National Online Event

AbleOTUK is proud to sponsor a national online event hosted by the Royal College of Occupational Therapists on Tuesday, 24th September 2024, from 10:00 AM to 1:00 PM, titled *"Reimagining the Role of Occupational Therapy Across Inpatient and Community Settings."*

During the event, Rachel Booth-Gardiner will present her experiences as a recipient of occupational therapy, focusing on the gaps in services and advocating for necessary changes within the profession. Drawing from her lived experiences of disability, illness, and navigating healthcare, she highlights the importance of a more inclusive and holistic approach that prioritizes the occupational needs of individuals.

To join the event and access the associated resources, please register at the following webpage: [Here](#) You can also read Rachel's full presentation on her blog site [Here](#).

September OT News highlights

Pages 16-17 in September OTnews.

Rachel Rowlands shares her personal and professional reflections on equity, diversity, and belonging (EDB) in the article.

Rachel realised the gaps in her understanding and took on a journey of learning, uncomfortable conversations, and self-reflection. She highlights the importance of conscious competence acknowledging when we get things wrong, being open to learning, and progressing towards unconscious competence.

Through her experiences, Rachel discusses how addressing EDB is critical for occupational therapists and other healthcare professionals, encouraging everyone to take responsibility for their own learning.

Contact us

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Website <https://affinot.co.uk/ableotuk/>

Newsletter put together by Rachel Booth-Gardiner [@OT_rach](https://twitter.com/OT_rach)

#BeAnAbleOTUKally

Georgia Vine - OT Show

Don't miss Georgia Vine's session, *Occupational Therapy, Disability Activism, and Me*, at the OT Show on Wednesday, 27th November 2024, from 12:30 to 13:00 in Theatre 3. Georgia will be discussing her journey and the key themes of her book, which challenges ableism in healthcare.

Attendance at the OT Show is free, and we encourage everyone to sign up to support Georgia. Don't miss out—[click here to register](#) and reserve your place today!




27-28 NOV 2024
THE NEC BIRMINGHAM

**NEC
BIRMINGHAM
27-28
NOVEMBER
2024**

REGISTER NOW

BOOK A STAND



Georgia Vine

Graduate Teaching Assistant in Occupational Therapy, University of Huddersfield



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